Aerobic Room Rules

• You must purchase an aerobics class pass ($2.00) to participate in a class. VIP All Access Fitness Passes can be purchased at the equipment desk. VIP All Access Fitness Passes are $30/Students; $35/Staff and Rec members.

• Rubber soled shoes that cover the entire foot must be worn at all times. For health and safety reasons, sandals, spiked shoes, work boots and flip flop types of shoes are not permitted.

• Shirts must be worn at all times. Bathing suits and jeans are not permitted in the aerobics room.

• Food is not permitted in the fitness room. Closed, plastic beverage containers are allowed.
Aerobic Room Rules

- Absolutely no dance practices/sessions are allowed in the aerobics rooms or any other area of the facility unless supervised by a Campus Recreation employee. All in violation of this rule will be asked to leave the area.

- Sound equipment may only be operated by Campus Recreation Fitness staff. Any external music devices are not permitted.

- For your safety and respect for other classmates and instructors, please arrive to class on time and prepared. Entrance to class is not permitted ten minutes after class starts.