

Professional Counseling Program

Middle Tennessee State University 1301 East Main Street Murfreesboro, TN 37132

http://www.mtsu.edu/edu_leadership/professional_counseling/

COUN 6210 MULTICULTURAL COUNSELING SUMMER 2019



Instructor:

Office:

Office Number:

Cell Number:

Email:

Office Hours: By appointment

Class: Class Time:

Course Description:

This course is an introduction to the principles, theories, and applications of multiculturalism. Students will be required to examine one's own sense of self and others' identity, beliefs and assumptions, and behaviors. Theories, research, and skills will be explored so that students can acquire the necessary multicultural competencies for effective work with children and adolescents from diverse backgrounds (i.e., culture, race, ethnicity, class, & gender) in multicultural environments (i.e., public schools, community organizations).

Required Textbook

Diller, J.V. (2014). Cultural Diversity (5th edition). Belmont, CA: Brooks/Cole

Downs, A. (2012). The Velvet rage: Overcoming the pain of growing up gay in a straight man's world (2nd edition). New York: Da Capo Press.

Dumas, F. (2008). Funny in Farsi: A memoir of growing up Iranian in America. New York: Random House Trade Paperbacks.

Thomas, A (2017). The Hate U Give. New York, NY. Harper Collins

<u>Course Objectives and CACREP Standards:</u> Cultural diversity exists not only across cultures but within cultures. The Counseling field has an obligation to train students to be sensitive to the ways in which norms and values shape our understanding of ourselves and others from diverse backgrounds. Successful completion of this course should enable students to become culturally competent.

COUN 6219 Multicultural Counseling 2009 CACREP Standards				
Standard #	Core Curricular	Standard	Assessment Measures	
II* G*2*a	Social and Cultural Diversity	Multicultural and pluralistic trends, including characteristics and concerns within and among diverse groups nationally and internationally	Movie/Discussion, Cultural Awareness Activity, Discussion Questions, Multicultural Competency Assessment	
II* G*2*b	Social and Cultural Diversity	Attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities designed to foster students' understanding of self and culturally diverse clients	Role Plays, Observation Awareness paper, Processing Groups, Invisible Knapsack Articles and Discussion Questions	
II* G*2*c	Social and Cultural Diversity	Theories of multicultural counseling, identity development, and social justice	Role plays, readings, online Journals, Service Learning Project, Interview Paper	
II* G*2*d	Social and Cultural Diversity	Individual, couple, family, group, and community strategies for working with and advocating for diverse populations, including multicultural competencies	Online Journals, Service Learning Project, Discussion Questions, Multicultural Awareness Activities, Article Reviews	
II* G*2*e	Social and Cultural Diversity	Counselors' roles in developing cultural self*awareness, promoting cultural social justice, advocacy and conflict resolution, and other culturally supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body; and	Role Plays, Discussion Questions, Current Events papers, Family and Friends tree activity, Online Journals	
II* G*2*f	Social and Cultural Diversity	Counselors' roles in eliminating biases, prejudices, and processes of intentional and unintentional oppression and discrimination	Cultural Autobiography, Service Learning Project, Multicultural Awareness Projects, Article Reviews, Role plays	

<u>Course Format</u> This course is a dialogue about Multicultural Counseling and educational issues. Each class will include:

- ✓ a brief lecture on a particular issue related to multicultural counseling
- ✓ an experimental learning activity
- ✓ small and large group discussion



Course Ground Rules

It is expected that each student will:

- ✓ Be courteous and allow speakers to complete his/her thought(s) before speaking.
- ✓ Be respectful of the opinions of others, even if there is a disagreement.
- ✓ Be involved by participating in discussions and activities, but not dominating either.
- ✓ Be respectful of the sensitive nature of comments and treat them as confidential statements that should not be shared outside of class.
- ✓ Be an active participant/learner who is interested in increasing his/her knowledge*base and cultural awareness.

Evaluation			
Discussion Boards (3 worth 25 each)	75 points		
Home work/Discussion Questions	150 points		
(15 worth 10 pts each)			
Movie Discussion Questions	25 points		
Cultural Awareness Paper	100 points		
Cultural Observation Presentation	100 points		
Service Learning Advocacy Project	200 points		
Festival of Knowledge	100 points		
Quizzes (2 worth 50 pts each)	100 points		
The Velvet Rage Book Review	50 points		
Funny in Farsi Book Review	50 points		
The Hate You Give Book Review	50 points		
TOTAL POINTS	1000 POINTS		

Course Requirements

Class Attendance:

Festival of Knowledge

Daily Readings & Homework Discussion Questions

Discussion Boards

Multicultural Observation

Cultural Awareness Paper

Service Learning Advocacy Project

Book Review Papers

Late Assignment Policy

A mandatory deduction of 10 points will occur for every day that the assignment is late. Extensions must be arranged in advance. (Remember I AM a counselor, so it doesn't hurt to ask). No assignments will be accepted later than two weeks from the original date due; after that time the assignment will be graded as a ZERO.

Technology Requirements/Computer Usage

All students <u>MUST</u> have access to a computer and will be required to conduct online assignments using the appropriate technology. No exceptions will be made. Students can access computer labs at various locations on campus. Access to D2L will be required for this course. I will use your MTSU email address for communications. Check your MTSU email on a regular basis. If you have problems accessing your email accounts, including operating D2L, contact the HELP DESK at 615.898.5345.

Academic Honesty

It is expected that all work you complete for this course is your own. You are expected to include appropriate citations (when applicable) in all of your work for this course. The University policy for academic misconduct will be followed. Academic misconduct includes the following behaviors: plagiarism, cheating, fabrication, or facilitating. The following definitions apply:

- **Plagiarism** the adoption or reproduction of ideas, words, statements, images, or works of another person as one's own without proper acknowledgement.
- **Cheating** using or attempting to use unauthorized materials, information, or study aids in any academic exercise. The term academic exercise includes all forms of work submitted for credit or hours.
- **Fabrication** unauthorized falsification or invention of any information or citation in an academic exercise.
- **Facilitation** helping or attempting to heal another to violate a provision of the institutional code of academic misconduct.

Please make sure that all cell phones are on silent during class! Please do not answer phones or text in class. I will ask you to leave, if you do not adhere to this rule.



If you have a disability that may require assistance or accommodations, or if you have any questions related to any accommodation for testing, note taking, reading, etc., please speak with me as soon as possible. You may also contact the Office of Disabled Services (615.898.2783) with any questions about such services

*****I reserve the right to change any parts of this syllabus. You will be informed of any changes in class. ******