“Cooking for One or Two”

Nutrition Education (NFS 4500) class for non-dietetic students student’s observed three nutrition education classes in the community (The St. Clair Street Senior Center in Murfreesboro and at the Cannon County Senior Center) and then they taught 2 lessons in the community. Megan Swann (pictured below) observed the first 3 sessions at the St. Clair site and then she taught the 4th class and did a fabulous job! She will be teaching at the Cannon County Sr. Center next.