



Peer Pressure Activity

3 Large Paper Bags

3 Small Mouse Traps (ONE IS SET AND PUT INTO FIRST BAG; TWO ARE SET AND PUT INTO SECOND BAG)

1 Large Rat Trap (SET AND PUT INTO BAG 3)

(CAUTION: TRAINER NEEDS TO MAKE SURE HANDS OF PARTICIPANTS ARE NEVER NEAR THE BAGS)

Choose two female students as volunteers; ask which of them is the risk taker; risk-taker will be one to look into the bag and non risk-taker will be the one pressured by classmates.

Trainer will ask risk-taker to look into each bag and rate them on a scale of 1 (being non-harmful) to 5 (being very harmful) without giving away what is in the bags.

Trainer will then ask non-risk taker if she trusts the person rating the bags and what she is telling her about the dangers of putting her hand in the bag; then the trainer will encourage classmates to create peer pressure (ex. offering money...not being a friend...popularity..."it's no big deal", etc.) to get her to put her hand in one of the bags **(CAUTION: TRAINER NEEDS TO MAKE SURE HANDS OF PARTICIPANTS ARE NEVER NEAR THE BAGS)**

Trainer then needs to let the student know what is in the bag by dropping something heavy into them to spring the traps.