# MTSU Professional Counseling Listserv



## Introduction

A listserv consists of a group of people who share a common interest pertaining to various topics or activities (e.g., counseling) and communicate with one another about these things via e-mail. The MTSUCounseling listserv is a good vehicle for students and faculty to communicate with one another about programmatic issues, upcoming events and pertinent topics relating to the field of counseling. The listserv is not only comprised of faculty and students, but also former students and professionals (e.g., school counselors, mental health counselors).

## **Purpose**

- To inform students of administrative information such as future course offerings, upcoming workshops and/or conferences, professional counseling program policy changes, the dates for comprehensive examinations, internship information and, most importantly, counseling job opportunities.
- To disseminate/share information of interest pertaining to the counseling field, important developments in the field of counseling, new techniques, etc.
- To stimulate discussion pertaining to counseling-related topics (see page 2).

#### <u>Instructions for joining the listserv:</u>

1. Anyone may subscribe to the listserv by sending an e-mail to <u>listserv@lists.mtsu.edu</u> and typing the following in the body of the e-mail:

## Subscribe MTSUCounseling

- 2. You will receive an e-mail asking them to confirm their request to join the listserv.
- 3. You will receive a confirmation e-mail when you are subscribed to the list. You will begin receiving e-mails as listserv subscribers (including yourself!) post them.

## Posting messages to the listserv:

Once you have subscribed to the listserv, you may begin posting messages / sending e-mails to the listserv "community" by addressing your e-mail message to:

## MTSUCOUNSELING@LISTS.MTSU.EDU

As with any e-mail, indicate what your subject is in the subject line and then write your message in the text body.

In terms of etiquette, please be courteous when sending items to the listserv. In addition, please be aware that people who are on the listserv typically receive many pieces of e-mail a day and don't have much time to read all of their

messages, thus only post those items which you consider to be important or will be of interest to the MTSUCounseling listserv community. It is also wise not to forward messages from other sources to the listserv or to include attachments due to the possibility of viruses. Finally, please do not use the listserv for advertising purposes.

Here are some sample topics that are appropriate for the listserv:

- 1. Professional Counseling program policy changes & programmatic updates
- 2. Announcements pertaining to upcoming professional meetings & conferences (e.g., MTCA, TCA) and events (e.g., comprehensive examinations)
- 3. Job opportunities/vacancies at schools and agencies
- 4. Counselor licensure updates
- 5. Questions/thoughts/opinions on counseling clients with particular problems (NOTE: The listserv should not serve as a substitute for supervision and should only be used as way to stimulate ideas about cases which can subsequently be discussed in supervision.)

**IMPORTANT:** In some cases, you may decide to respond to the e-mail of another listserv "community" member. When responding to another member's e-mail, <u>make sure your reply is sent to the listserv address</u>, and not simply to the individual to whom you are responding, so everyone else can read your response (unless you are only intending for that individual to read your response).

Please sign up for the listserv in the next few days to ensure important information pertaining to the Professional Counseling program, etc. reaches you.