

Clinical Supervision: The Discrimination Model
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**Continuing Education Questions for Supervisors of
MTSU Professional Counseling Students**

- Middle Tennessee State University is an approved NBCC provider (#4216) of continuing education. This program provides 1 continuing education (CE) clock hour of training.
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Name:

School or agency:

City/state/zip:

E-mail address:

Type of license you possess:

Date you completed continuing education program:

Directions: Watch the [“Clinical Supervision: The Discrimination Model” video](#) and answer the following questions (type your answers below each question). Save and e-mail your answers to Robin Lee (Robin.Lee@mtsu.edu) – director of the MTSU Center for Counseling & Psychological Services.

1. Briefly explain - in your own words - what is meant by “process skills.” Provide an example of these skills from your own experience as a counselor or supervisor.

2. Briefly explain - in your own words - what is meant by “conceptualization skills.” Provide an example of these skills from your own experience as a counselor or supervisor.

3. Briefly explain - in your own words - what is meant by “personalization skills.” Provide an example of these skills from your own experience as a counselor or supervisor.

4. What are you attempting to do or accomplish in your role as a “teacher” when supervising counselor trainees?

5. Should you counsel trainees in your role as a supervisor? Why not? What are you attempting to do or accomplish when enacting the “counselor” role?

6. How is the role of “consultant” different than that of the “teacher?”

7. What is a rule of thumb pertaining to supervision in relation to the Discrimination Model?

8. In what ways might your roles (i.e., teacher, counselor, and/or consultant) and areas of supervision focus (i.e., process, conceptualization, and personalization) be a function of the experience level of the counselor supervisee? In other words, are you more likely to, say, enact a “teacher” role with a less experienced supervisee and a “counselor” or “consultant” role with more experienced supervisees? Why or why not?

9. It is possible that your roles and/or issues upon which you focus in supervision will change within a single supervision session. Provide an example of how this might occur.

10. What three things stood out or did you learn upon watching the role plays of supervision sessions in which the Discrimination Model was utilized?

