



Professional Counseling Program

Middle Tennessee State University
 1301 East Main Street
 Murfreesboro, TN 37132

http://www.mtsu.edu/edu_leadership/professional_counseling/

COUN 6750

FOUNDATIONS OF TRAUMA AND CRISIS IN COUNSELING SEMESTER



Instructor:
Office:
Office Phone:
Cell Phone:

Email:
Office Hours: By appointment
Class: Miller Education Building
Class Time:

I. Required Texts

Cavaiola, A. & Colford, J. (2018). Crisis intervention: A practical guide. Sage Publishing: Los Angeles, CA.

Substance Abuse and Mental Health Services Administration. Trauma-Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57. HHS Publication No. (SMA) 13-4801. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014.

II. Objectives (2016 CACREP Standards)

- Objective 1: Effects of crisis, disasters, and trauma on individuals across the lifespan (2.F.3.g)
- Objective 2: Crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid (2.F.5.m)
- Objective 3: Procedures for identifying trauma and abuse and for reporting abuse (2.F.7.d)
- Objective 4: Impact of crisis and trauma on individuals with mental health diagnosis (2.C.2.f)
- Objective 5: School counselor roles and responsibilities in relation to the school emergency management plans and crisis, disasters, and trauma (2.G.2.e)
- Objective 6: Suicide Prevention models and strategies (2.F.5.l)
- Objective 7: Self-care strategies appropriate to the counselor role (2.F.1.l)
- Objective 8: Counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams (2.f.1.c)

III. Course Requirements

1. Attendance and Participation
2. Weekly Quizzes
3. Wellness and Self-Care Reflection Paper
4. National Center for Child Traumatic Stress
5. Clinical Application Project (Powerpoint)

IV. Grading Scale

Assignments	Potential Points
Attendance & Participation	100
Clinical Application Project Powerpoint Presentation	150
Psychological First Aid Certificate	100
Wellness and Self-Care Plan	150
Trauma & Crisis Weekly Exams (5)	500
Total Potential Points	1000

V. Additional Policies

Confidentiality

Being involved in class discussion and small groups usually entails some amount of personal self-disclosure. Because of the nature of vulnerability, trust, and openness needed to learn about counseling, it is extremely important that confidentiality be maintained. Revealing personal information others have shared is a breach of confidentiality and is unethical. If you would like to share with others regarding your experiences, please reveal only your own reactions and understandings, and avoid using names or identifying features of your classmates. It is expected that any person participating in a demonstration, role-play, or group activity will have their confidentiality respected.

Program Dispositions Statements

Students in the Professional Counseling Program are required to demonstrate Program Dispositions (being collaborative, ethical, professional, reflective, self-directed, critical thinkers, and have acceptable counseling skills) in this class and in all other academic and professional endeavors. Information regarding demonstration of these dispositions will be used as a component of the faculty's continuous evaluation of student progress. (See Professional Counseling Program Handbook for further details.)

Reasonable Accommodations for Students with Disabilities

If you have a documented disabilities described by Section 504 of the Rehabilitation Act of 1973

and the Americans with Disabilities Act (ADA) and would like to request academic and/or physical accommodations, please contact Director, Disabled Student Services, KUC 120 (898-2783) as soon as possible. Course requirements will not be waived, but reasonable accommodations may be provided as appropriate.

Professional Organizations

The MTSU Professional Counseling Program strongly recommends that you obtain membership in the Mu Tau Upsilon Chapter of Chi Sigma Iota. See Dr. Wilson if you are interested in joining. We also recommend participation in the American Counseling Association (ACA), American School Counselor Association (ASCA), the Tennessee Licensed Professional Counselors Association (TLPCA), and/or the Tennessee Counseling Association (TCA). Student memberships are available at a reduced rate and allow you to become actively involved in local, state, and national activities, which serve to enhance your professional repertoire.

Academic Misconduct

The use of a third party to submit a student's work is only allowed when accommodations are approved by the Disabled Student Services Office. Students found to be in violation of this policy will be reported to the faculty member and Dean of Student Affairs. Students should be familiar with the "MTSU Students Rights and Responsibilities" handbook which outlines academic misconduct including plagiarism, cheating, fabricating or facilitating any such act. The Handbook also provides a statement of community standards of civil behavior and code of computer use.

Academic Honesty

It is expected that all work you complete for this course is your own. You are expected to include appropriate citations (when applicable) in all of your work for this course. The University policy for academic misconduct will be followed. Academic misconduct includes the following behaviors: plagiarism, cheating, fabrication, or facilitating any such act. The following definitions apply:

- Plagiarism – the adoption or reproduction of ideas, words, statements, images, or works of another person as one's own without proper acknowledgement.
- Cheating – using or attempting to use unauthorized materials, information, or study aids in any academic exercise. The term academic exercise includes all forms of work submitted for credit or hours.
- Fabrication – unauthorized falsification or invention of any information or citation in an academic exercise.
- Facilitation – helping or attempting to help another to violate a provision of the institutional code of academic misconduct.

True Blue Pledge

As a member of this diverse community, I am a valuable contributor to its progress and success. I am engaged in the life of this community. I am a recipient and a giver. I am a listener and a speaker. I am honest in word and deed. I am committed to reason, not violence. I am a learner now and forever. I am a BLUE RAIDER. True Blue!

VI. Student Learning Outcomes

Student Learning Outcomes
 COUN 6160 Foundations of School Counseling
 2016 CACREP Standards

Objectives	2016 CACREP Standards	Activity/Assessment
Objective 1: Effects of crisis, disasters, and trauma on individuals across the lifespan	2.F.3.g	Lecture Weekly Quiz
Objective 2: Crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid	2.F.5.m	Lecture Weekly Quiz Certificate Completion of Psychological First Aid Training Clinical Application Project Presentation
Objective 3: Procedures for identifying trauma and abuse and for reporting abuse	2.F.7.d	Lecture Weekly Quiz
Objective 4: Impact of crisis and trauma on individuals with mental health diagnosis	2.C.2.f	Lecture Weekly Post Intervention Final Exam
Objective 5: School counselor roles and responsibilities in relation to the school emergency management plans and crisis, disasters, and trauma	2.G.2.e	Lecture Clinical Application Project Presentation
Objective 6: Suicide Prevention models and strategies	2.F.5.1	Lecture Weekly Quiz
Objective 7: Self-care strategies appropriate to the counselor role	2.F.1.1	Lecture Wellness and Self-Care Plan
Objective 8: Counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams	2.f.1.c	Lecture Weekly Quiz Clinical Application Project Presentation