**Andrea Westfall, MSN, RN, IBCLC**

**Summary of Qualifications**

A highly motivated master’s prepared Registered Nurse and Nursing Educator with demonstrated success in all phases of prenatal, L&D, neonatal, postnatal, mother-baby wellness, maternal newborn education, and lactation consultation. Recognized as the subject matter expert in lactation consultation and training. A clinical nursing instructor for undergraduate nursing students for clinical skills, health assessment, and obstetrics. Over twenty-two years of experience in educating patients, nurses, staff and students on nursing skills, assessment, and maternal newborn care in clinical and classroom settings.

**Education/Certifications**

MSN in Nursing Education Capella University - May 2023

BSN Middle Tennessee State University - May 2002

TN Registered Nurse

IBCLC, NRP, BLS Certified

**Skills**

Clinical Skills, Health Assessment, and Obstetrics Nursing Instruction for BSN students

Lactation Consultation

Breastfeeding education & assistance for staff and public

Provide prenatal breastfeeding classes for staff and patients

Prenatal and postnatal breastfeeding consultations for patients

Neonatal assessment

Basic newborn care & instruction

Labor, delivery and recovery/mother and infant couple care

**Work History**

Middle Tennessee State University, Murfreesboro, TN

*Adjunct Instructor for School of Nursing*- August 2021 to January 2023

*Assistant Professor for School of Nursing-* January 2023- Current

* Coordinator/Instructor for clinical skills and health assessment lab for first semester nursing students
* Instructor for Obstetrics clinical and lab at MTSU and St Thomas Rutherford for third semester nursing students
* Assist in lesson planning and facilitation of lecture and activities in lab and clinicals

Newborn Bliss In-Home Lactation Services, Murfreesboro, TN

*Owner and Consultant for In-Home-* May 2020- Current

* Provide in-home lactation consultation and newborn care education for families in the community
* Develop personalized plans of care to nursing families to provide best patient outcomes in newborn care

Saint Thomas Rutherford, Murfreesboro, TN

*Lactation Consultant/Educator and Nursery RN –* January 2011 to January 2024

* Develop plans of care in partnership with attending physicians
* Provide both inpatient and outpatient lactation consultation services to assess and establish plans of care for best patient outcomes
* Participate in the operation and planning for the outpatient lactation support services and education for the community
* Facilitate discharge education classes for patients and their families on mother and infant care
* Assist with onboard training for nurses, intern physicians, and students
* Perform as preceptor/educator for new staff to the unit

Summit Medical Center, Hermitage, TN

*Lactation Consultant/Educator* – May 2007 to January 2011

* Provided both inpatient and outpatient lactation consultation services
* Assessed and established plans of care
* Participated in the development, opening, and operation of outpatient lactation support center
* Designed and facilitated regular breastfeeding education for both public and staff

*RN - Labor and Delivery/Post Partum* – May 2002 to May 2007

* Provided prenatal, antenatal and postnatal care
* Cross-trained into Well-Baby Nursery to assist as needed
* Functioned as Charge Nurse on a regular basis
* Facilitated education for patients for prenatal classes offered at the facility
* Performed as preceptor/educator for students and new staff to the unit