

College of Behavioral and Health Sciences

Terry Whiteside

Dean

Scott Colclough

Interim Associate Dean

Lance Selva

Criminal Justice Administration,
Interim Chair

Doug Winborn

Health and Human Performance,
Interim Chair

Deborah Belcher

Human Sciences, Chair

Greg Schmidt

Psychology, Chair

Rebecca Smith

Social Work, Chair

Jenny Sauls

School of Nursing,
Director

Bea Perdue

Development Director

Brelinda Johnson

Advising Manager

Linda Hall

Administrative
Coordinator

A Publication of the
College of Behavioral
and Health Sciences
Development Office

www.mtsu.edu/CBHS

Like us on
Facebook...
MTSUCBHS



...and give us
your feedback

Sports Science Goes Global



Dean Terry Whiteside, College of Behavioral and Health Sciences (CBHS) and Associate Dean Scott Colclough (CBHS) along with Health and Human Performance Department Chair Doug Winborn and several faculty members hosted a delegation of South Korean officials from Ulsan Sports Science Middle and High School. The three-day visit to MTSU was highlighted by a ceremony on Tuesday, May 19, that finalized an exchange agreement between CBHS and Ulsan. This new state-of-the-art secondary school specializes not only on developing students who excel at sports or “sports experts,” but also those who are interested in coaching, instruction, and/or sports management.

Ulsan Principal Jae-o Jung and Dean Whiteside, after signing the five-year renewable agreement, discussed the areas of cooperation to include faculty exchanges for joint research, training and faculty development; and an international student-exchange program to promote cross-cultural awareness and education. “This collaboration with an institution like MTSU will provide opportunities for our students, faculty, and administrators to expand their understanding and experience in instruction, research and training for sports-related careers,” said Principal Jung.

Back Row: Dr. Scott Colclough, associate dean, CBHS; Dr. Minsoo Kang, professor, Health and Human Performance (HHP); Dr. Han-Joon Lee, visiting professor, HHP (Ulsan University); Mr. Tae-yeong Rob, chief academic officer, Ulsan Sports Science Middle and High School; and Mr. Ji-won Chung, teacher, Ulsan Sports Science Middle and High School; Front Row: Dr. Harold (Terry) Whiteside, dean, CBHS and Mr. Jae-o Jung, principal, Ulsan Sports Science Middle and High School

Dean Whiteside envisions learning and growth opportunities that can be leveraged across other CBHS collaborations. Murfreesboro City Schools (MCS) Director Dr. Linda Gilbert was invited to lunch with the delegation and echoed how education and instruction could be enhanced through teacher collaboration and early exploration of sport science careers by her students. CBHS and MCS have already developed the Collaborative Learning and Leadership Institute, which has a focus on experiential learning and research to improve instructional education and community service outcomes.

“There are opportunities that we are yet to explore,” added Dean Whiteside. “Sport science continues to be an expanding discipline that many young people are just waiting to be introduced to. We are looking forward to working with Ulsan and the exchange of ideas and learning that will result.” **CBHS**

Houston in the House!



Shannon Jones (left) and Olivia Barker enjoying the Houston event.

CBHS Development Officer Bea Perdue partnered with her colleague from the College of Basic and Applied Sciences, Nicole Chitty, to meet and get to know MTSU alumni in Houston, Texas. Thomas ('76) and Cynthia Chappell ('71) served as the official hosts to more than twenty fellow alumni who dropped into their apartment for food and fun.

“There are a lot of us in Houston and we certainly have an opportunity to raise the profile of MTSU,” said Shannon Jones, a Health and Physical Education minor, who is now director of planned projects at the University

of Houston. “I spent 24 years in the army, and having settled in Houston, it’s a city that holds many opportunities for future MTSU graduates. I am eager to find ways to provide advice and mentorship to current students and expand my interaction with fellow alumni. This was my first invite to an MTSU event, and I wasn’t going to miss it, despite the rain and the traffic.” **CBHS**

Barbara Boyett ('75) at the Avondale House

For more than 25 years, master’s degree psychology alumna Barbara has led one of the premier non-profit service providers for children and young adults with autism in the state of Texas. In a 33,000 square-foot



state-of-the-art facility with a \$4.5M budget, her staff of 60 plus, provides an array of services to people pre-K and older, regardless of where they fall on the autism spectrum.

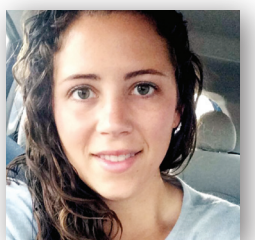
Avondale House is a far cry from the 90 year-old Clover Bottom Hospital in Nashville where Barbara worked the midnight shift while attending MTSU. The Nashville institution was created in an era when people with autism and other disabilities were sent away to live out their days. “With much study and practice we have come to realize that three year-olds become 33 year-olds, and progress is possible. For many parents who show up at Avondale House, it’s the first time they’ve heard the word **progress**.”

Barbara considers the journey from Middle Tennessee to Houston, where she is currently helping families to be an honor and privilege. She encourages psychology majors to enter college with an advanced degree in mind and, above all, “don’t be surprised by where life takes you.” **CBHS**

Jenaia Leffel ('12) Prepared to do More

Success in medical social work for Jenaia, a cum laude psychology graduate, began early with an understanding of the need to do more. At age ten she volunteered with the Make a Wish Foundation, and by the time she enrolled at MTSU, she understood that her academic achievements could be bolstered by participating in undergraduate research and student organizations. “I knew that an undergraduate degree wouldn’t be enough, even as an honor student, and I think I was already planning for an advanced degree before graduation.”

Jenaia decided to pursue a graduate degree in social work at the University of Houston near her family. Within a month of graduation, she was employed at TIRR Memorial, the renowned hospital where former Congresswoman Gabby Gifford rehabbed after her tragic injury. She now works at North Cypress Medical Center as a medical social worker. “I am gaining experience in every area of the hospital from ER to pediatrics, constantly preparing to do more. I suggest to college students that they make every effort to expand their knowledge, their connections, and their goals.” **CBHS**



ACCOLADES!

CBHS and MT Lambda Presentation of the 2015 LGBT+ College Conference

Among the more than 600 attendees were students, faculty, and administrators from fifteen Tennessee colleges and universities joined by corporate, non-profit and community leaders exploring topics that impact supporting and serving diverse constituents. Presenters who focused on the conference theme “Diversify Your World” included MTSU 2014-15 Distinguished Alum Vernice “FlyGirl” Armour ’97; I/O Psychology Professor Dr. Patrick McCarthy; TBR Director of Diversity and Equity Initiatives Bobbie Porter; MTSU Vice President of Student Affairs Dr. Debra Sells; U.S. Army Reserve Deputy Chief of Staff Brigadier General Tammy Smith; and Nissan Director of Diversity Jeffrey Webster. **CBHS**

Denise Bates

The Tennessee Board of Regents (TBR) Office of Academic Affairs funded a grant submission from Dr. Denise Bates, Department of Health and Human Performance. Her proposal, “*Reaching the Higher Education needs of Middle Tennessee Refugees and Immigrant Youth*,” received funding in the amount of \$36,656. **CBHS**

Stuart Bernstein and Catherine Crooks

Department of Psychology researchers Dr. Stuart Bernstein and Dr. Catherine Crooks were awarded a grant of \$43,000 from the Baptist Healing Trust to promote healthy behaviors through literacy. The funding will support the Healthy Raiders Reading Program, a service-learning endeavor that helps members of underserved populations learn more about health care. **CBHS**

Riley Finch

CBHS advising team member Riley Finch submitted an outreach campaign to the Education Advisory Board (EAB) as a specialist program. His campaign is being noted as an example of excellence. Academic and student affairs leaders count on EAB to provide best-practice research and practical advice for strategies to increase retention and improve professional readiness. **CBHS**

Cyrille Magne

The MTSU Foundation Special Projects Committee presented the 2015 Special Projects Award to professor of psychology, Dr. Cyrille Magne. The recognition includes financial support (\$14,000) for his project, “*Effect of Music Intervention on Literacy Skills in Children with Dyslexia*.” **CBHS**

Brittnie Neal

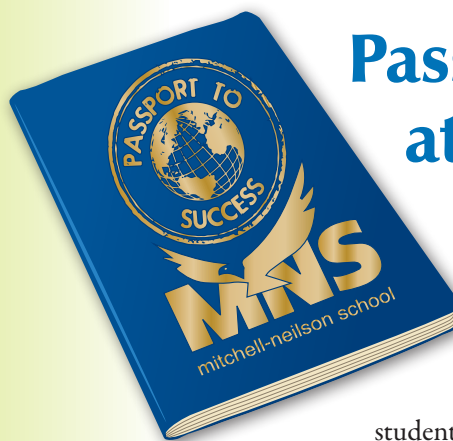
Brittnie founded Advocates for Community Empowerment (ACE) to provide health education and health empowerment to refugees, immigrants, and other underserved groups in Rutherford County. Her goal is to help these communities adapt better to their new environment and adopt healthier lifestyles. The 2015 graduate in community and public health was rewarded for her efforts with the MTSU Student Community Service Award. **CBHS**

Social Work Alums Giving Back

During Alumni Weekend festivities, a panel of MTSU Social Work alumni who are currently working in professional and academic positions presented their experiences and answered questions about career patterns and employment opportunities. Approximately 70 students attended, and after the presentation both the panel members and the students stayed for further discussion. As stated by one student in attendance, “This is the most inspiring activity that I have attended at MTSU.” **CBHS**

Lynda Williams

Criminal Justice alumna Lynda Williams was recently named assistant deputy director at the U.S. Secret Service. Williams has served in the agency for more than 25 years and recently visited campus to talk with students about preparing for a future that could include the elite agency. She shared information with students about working on both the investigative and security side of the agency, while warning them of the perils of personal misconduct and the long-term effects of social behavior, drug use, and financial irresponsibility. “It’s not just with the Secret Service,” said Williams. “Almost any employer of any size is going to do a background check and the larger and more prestigious the organization, the deeper they are going to dig. Hitting the delete key after having second thoughts about a wild weekend is not going to remove the evidence. As you’re sitting in a classroom preparing for your career, think of all the other activities you participate in as part of your portfolio.” **CBHS**



Passports to Success at Mitchell-Neilson Elementary

Professor Claire Cook’s family and consumer studies (FCS) students quickly assessed and understood what the Collaborative Learning and Leadership Institute’s aim was for helping elementary school students make the connection between school achievement and future success. Dr. Cook’s students also saw first-hand how their classroom lessons can be applied to community needs when they planned the end-of-semester program event. Passport to Success gave Mitchell Neilson students a chance to learn about future careers and the path (via MTSU) to reach their dreams. **CBHS**

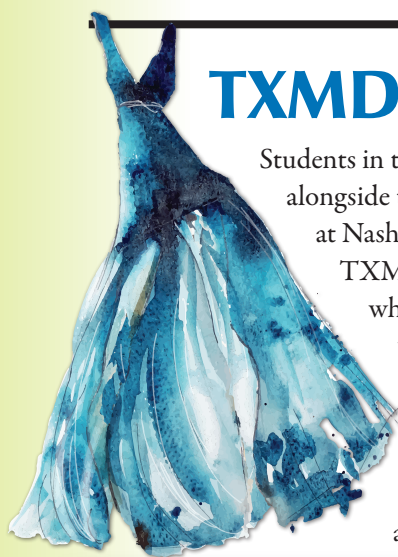


True Blue A1C Ashton M. Thomas Forever 24 Endowed Scholarship Fund Established

Ashton Thomas '13

February 1, 1990 – September 28, 2014

Ashton took great pride in serving his country as an active member of the Tennessee Air National Guard; valued his Criminal Justice Degree from MTSU; and strived to be a role model for his students at the Smyrna YMCA. His parents Patrick Thomas and Kendra Robichaud have established the True Blue A1C Ashton M. Thomas Forever 24 Endowed Scholarship Fund to honor him and support the education of patriots like him. To contribute to the fund contact the CBHS Development Officer at Bea.Perdue@mtsu.edu. **CBHS**



TXMD–Fashion Forward

Students in textiles merchandising and design (TXMD) worked alongside top designers and networked with fashion industry insiders at Nashville Fashion Week 2015. As the event’s education sponsor, TXMD students served as assistants to some of the 20 designers who showed collections at the event. “Our students gained valuable experience and made personal contacts that will help their professional opportunities in the industry. More importantly, our program and MTSU were associated with a prestigious event that will contribute to our academic and public profile,” said Dr. Rick Cottle, a professor in the human sciences department. **CBHS**

