
Lisa Schrader, MPH, MCHES

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EDUCATION

- 2023 *Doctor of Education* (expected), Assessment, Learning, and Student Success
Middle Tennessee State University
- 2022 *College and University Teaching Certificate*
Middle Tennessee State University
- 2004 *Master of Public Health*, Public Health Education
Western Kentucky University
Summa Cum Laude
- 2002 *Bachelor of Science*, Nutrition and Food Science
Middle Tennessee State University
Summa Cum Laude

EMPLOYMENT

- Aug. 2022-
Present *Distance Learning Full-Time Lecturer*, Middle Tennessee State University
Murfreesboro, TN
- Instruct online courses in Healthcare Management and Community and Public Health
 - Participate in curriculum development and design
 - Effectively utilize Desire 2 Learn online course management system
 - Participate in program, departmental, college, and university faculty meetings
- Oct. 2008-
July 2022 *Director of Health Promotion*, Middle Tennessee State University,
Murfreesboro, TN
- Design, coordinate, prioritize, and implement outreach and education initiatives, including in person and online education
 - Consulted with University Studies distance learning faculty on incorporating health content into their coursework
 - Plan and conduct population-level student health assessments
 - Establish departmental strategic plan, goals, objectives, and policies
 - Coordinate with other campus departments to support health-related programming and policies
 - Serve on Student Health Services Leadership Team
 - Supervise 2 professional staff, 1-2 student interns, and multiple student volunteers

January 2012- *Adjunct Faculty*, Middle Tennessee State University

May 2014 Murfreesboro, TN

- Educated students enrolled in introductory health courses, as well as in upper-division program planning courses
- Designed syllabi, course materials, and examinations, and prepared and delivered lecture materials for classes ranging from 20-60 students

August 2013- *Adjunct Faculty*, Motlow State Community College

Dec. 2013 Smyrna, TN

- Educated students enrolled in new hybrid lifestyle wellness course. Course met in person in person eight times with additional content and activities delivered over D2L in an asynchronous format

Aug. 2004- *Health Educator*, Ball State University

Oct. 2008 Muncie, IN

- Designed, coordinated, and implemented health outreach activities, such as presentations for classrooms, distance learning students, student organizations, and residence halls; campus-wide health awareness activities; and health interest workshops
- Conducted population-level health assessments of student body
- Served on task forces to design student health policies and procedures
- Managed an operating budget of \$15,000- \$17,000
- Supervised 2 staff members and approximately 30 student volunteers and interns

Jan. 2004- *Wellness Consultant*, Hill's Pet Nutrition

Aug. 2004 Bowling Green, KY

- Supervised and made recommendations for company wellness programming
- Responsible for developing employee health interest survey, preparing LifeCare in-service, supervising monthly wellness programs, and making budget recommendations

Aug. 2002- *Graduate Assistant*, Western Kentucky University, Dept. of Public Health

May 2004 Bowling Green, KY

- Worked on grants related to child obesity, health of rural elderly, bioterrorism preparedness, and obesity in the workplace
- Assisted faculty with research, grading, test development, and presentation planning for online and in-person classes

May 2003- *Project Coordinator*, Childhood Obesity Resources Planning Project

Nov. 2003 Bowling Green, KY

- Planned and facilitated coalition meetings, distributed needs assessment surveys, processed statistical data, developed a 10-county resource guide, and organized a final symposium

CERTIFICATIONS

- *Master Certified Health Education Specialist*, #11334; National Commission for Health Education Credentialing, Inc.
- *Certified Prevention Specialist II*; Tennessee Certification Board
- *Mental Health First Aid Certification*; Middle Tennessee State University
- *Safe Zone Program Trainee*; Middle Tennessee State University
- *Certified to provide OraQuick HIV-antibody test and to provide pre- and post-test counseling*; Tennessee Department of Health

PRESENTATIONS, PUBLICATIONS, & POSTERS

- Schrader, L. (2022). "Mental Health and Happiness in the Workplace." Presented at the Tennessee Association of Collegiate Registrars and Admissions Officers Middle Tennessee Regional Meeting, Nashville, TN.
- Green, G., Schrader, L., Porter, E., & Bush, R. (2022). "Addressing the Mental Health of Media and Entertainment Students." Presented at the Media and Entertainment Industry Educators Association (MEIEA) Summit, Virtual.
- Schrader, L. (2020). "Getting the Data Off Your Desk and into Your Campus Dialogues." Presented at the NASPA Strategies Conference, New Orleans, LA.
- Schrader, L. (2019). "Prevention 101: Things to Know when Prevention was NOT Your Training Background." Presented at the Partners in Prevention Conference, Nashville, TN.
- Schrader, L. and Black, V. (2018). "Coach 'Em Up: Expanding Prevention Efforts through Health Coaching." Presented at the Partners in Prevention Conference, Nashville, TN.
- Miles, J. and Schrader, L. (2017). "The Numbers Don't Lie... but What are they Saying? Turning CORE Data into Action." Presented at the Partners in Prevention Conference, Nashville, TN.
- Oswalt, S.B., Lederer, A.M., & Schrader, L.T. (2015). "Institutional Characteristics and College Student Health: An Exploratory Study." Poster presentation at the American College Health Association Annual Meeting, Orlando, FL.
- Oswalt, S.B., Lederer, A.M., & Schrader, L.T. (2015). Institutional Characteristics and the Connection to College Student Health. *American Journal of Health Behavior*, 39(4) 475-486. doi: 10.5993/AJHB.39.4.4
- Schrader, L. (2014). "Appealing to the Masses: How to Create Engaging Presentations for Large Audiences." Presented at the Southern College Health Association Annual Meeting, Atlanta, GA.
- Clark, E., Nokes, M.; Chapman, R., and Schrader, L. (2013). "Impacts of Social Media on the Management of a Meningitis Event." Presented at the American College Health Association Annual Meeting, Boston, MA.
- Mahoney-Dickson, P., Sowah, S., Owusu, A., Cole, A.R., Oliver, B.D., Thomason-Schrader, L., et al. (2012). "Negative Outcomes Associated with Alcohol Use among College Students." Poster presentation at the American

Alliance for Health, Physical Education, Recreation, and Dance National Convention and Exposition, Boston, MA.

- Powell, J., De Fouw, J., and Schrader, L. (2012). "Strategies for Development and Growth of a Statewide AODV Coalition." Presented at the Southern College Health Association Annual Meeting, Gainesville, FL.
- Powell, J., Catlett, J., De Fouw, J., Macke, L., and Schrader, L. (2012). "Lessons Learned from Building an Effective Statewide Higher Education Coalition." Presented at the NASPA Mental Health & Alcohol and Other Drug Abuse Prevention and Intervention Conference, Atlanta, GA.
- Schrader, L.T. (2010). "Sensory Overload: Challenging Media that Promote Rape-Supportive Cultures on College Campuses." Presented at the Tennessee Coalition Against Sexual Assault and Domestic Violence's Rape Prevention and Education Institute, Nashville, TN.
- Thomason, L.; Abram, L.; Gholston, W.A., Bennett, K., and Cooper, R. (2008). "Boosting HIV Testing Rates through Partnership." Poster presentation at the American College Health Association Annual Meeting, Orlando, FL.
- Thomason, L. and Lester, E. (2008). "Perfect Partners in Weight Management." Poster presentation at the American College Health Association Annual Meeting, Orlando, FL.
- Thomason, L. (2007). "Online Communities: An Introduction to MySpace and Facebook and their Potential Uses in College Health." Presented at the Mid-America College Health Association Fall Meet, Carbondale, IL.
- Thomason, L. (2006). "Fostering Campus Collaboration to Address a Growing Problem: A Look at Ball State University's Weight Loss Challenge." Poster presentation presented at the American Public Health Association Annual Meeting, Boston, MA.
- Thomason, L. (2005). "Fostering Campus Collaboration to Address a Growing Problem: A Look at Ball State University's Weight Loss Challenge." Presented at the Mid-America College Health Association Fall Meet, Lexington, KY.
- Thomason, L. and Gardner, M. (2004). "Perceptions of Pediatric Overweight and Weight Management: A Comparison of Parents and Physicians." Presented at the convention of the Kentucky Public Health Association, Louisville, KY.
- Thomason, L., Steward, K., and Moran, J. (2004). "Impaired Driving Programming at Western Kentucky University." Presented at the Kentucky Public Health Association's Impaired Driving Seminar, Louisville, KY.
- Thomason, L. and Gardner, M. (2003). "Perceptions of Pediatric Overweight and Weight Management: A Comparison of Physicians, Parents, and Educators." Poster presentation at the American Public Health Association Annual Meeting, San Francisco, CA.
- Gardner, M., Thomason, L., Blackerby, J., Callahan, T., and Kovar M. (2003). "Addressing Pediatric Obesity: A Multi-Disciplinary Approach to Planning." Presented at the meeting of the American Public Health Association, San Francisco, CA.

LEADERSHIP ACTIVITIES & HONORS

- Chair, Coalition for Healthy & Safe Campus Communities (2022, 2018, 2014)
- President, Prevention Coalition 4 Success Governing Board (2016- present)
- Programming Chair, Coalition for Healthy & Safe Campus Communities (2020-2022)
- Professional Development Chair, Coalition for Healthy & Safe Campus Communities (2019-2020)
- Vice Chair, Community Anti-Drug Coalition of Rutherford County Executive Board (2013-2015)
- Regional Director, The Network Addressing Collegiate Alcohol and Other Drug Issues (2014-2015)
- Communications Chair, Coalition for Healthy and Safe Campus Communities (2011-2013)
- State Coordinator, The Network Addressing Collegiate Alcohol and Other Drug Issues (2009-2013)
- Outstanding Advisor, BACCHUS Network Area 8 (2011)
- Membership Chair, Coalition for Healthy and Safe Campus Communities (2009-2010)
- Indiana Member-at-Large, Mid-America College Health Association (2006-2008)
- Communications Committee Member, Indiana Society for Public Health Education (2006-2008)
- BSU Physiology and Health Science External Advisory Board Member (2007-2008)
- Student Affairs Outstanding New Professional Award (2007)
- Facilitator, Discovery Grant Retreat to Reduce High-Risk Drinking (2006)
- Facilitator, BSU Alcohol Summit (2005)
- F. Reid Buckley Orator-in-Residence (2004)

GRANTS

- Co-Author, Grant to Reduce Sexual Assault, Domestic Violence, Dating Violence, and Stalking on Campus. Funded by the Department of Justice Office on Violence against Women. \$300,000. 2017-2020.

ACADEMIC SERVICE

- Advisor, Raider Health Corps Student Organization (2012-present)
- Member, MTSU Public Health Advisory Board (2021- 2022)
- Member, MTSU Crime Stoppers Board (2012- 2018)
- Member, Tobacco Free MT Taskforce (2011- 2012)
- Chair, Coordinator of Greek Affairs Search Committee (2011)
- Advisor, Active Minds Student Organization (2010-2012)
- Advisor, Truth Seekers Student Organization (2009-2011)
- Advisor, Circle K Student Organization (2009-2011)

- Member, Greek Awards Selection Committee (2007- 2009)
- Member, Student Affairs Staff Development Committee (2008)
- Member, Smokefree Campus Task Force (2007)
- Member, University Victim Advocate Search Committee (2006)
- Member, Student Affairs Immersion Task Force (2005-2006)
- Member, Student Activities Committee (2005-2006)
- Member, Campus Community Coalition (2004-2008)

PROFESSIONAL MEMBERSHIPS

American College Health Association

Tennessee Public Health Association

References available upon request.